

APEXFIT



Included in your APEXFIT kit is our unparalleled APEXFIT EAA+++ , standing out from other market formulas that are filled with additives. APEXFIT EAA+++ is entirely additive-free, ensuring clean and effective supplementation without compromise.

In response to the need for cleaner, more effective supplements in the sports nutrition industry, APEXFIT EAA+++ takes the lead. It aids in maintaining a lean physique, boosting energy and endurance without relying on caffeine and stimulants.

APEXFIT EAA+++ goes beyond, assisting in shedding inches and body fat while promoting healing for nagging injuries. It contributes to overall well-being, supporting healthy hair, teeth, nails, alertness, as well as bones, joints, and ligaments. This commitment reflects our dedication to delivering super high quality products.

Essential Amino Acids (EAAs):

- Lysine: Supports protein synthesis, collagen formation, and helps in calcium absorption.
- Threonine: Aids in immune system function and contributes to protein synthesis.
- Methionine: Essential for sulfur-containing compounds, supporting various physiological functions.
- Phenylalanine: Precursor to neurotransmitters, promoting alertness and mood regulation.
- Histidine: Essential for histamine production, crucial for immune response and digestion.
- Glutamine: Supports muscle recovery, immune function, and gut health.

Performance and Recovery Enhancers:

- L-Citrulline: Boosts nitric oxide production, improving blood flow and exercise performance.
- Taurine: Supports cardiovascular health, enhances exercise performance, and has antioxidant properties.
- Beta-Alanine: Increases muscle carnosine levels, buffering acidity during high-intensity exercise.

Joint Support:

- Glucosamine Sulphate and Chondroitin Sulphate: Promote joint health, supporting cartilage and reducing inflammation.

Others:

- Betaine Anhydrous: Supports liver health and may enhance exercise performance.
- Niacin: Essential for energy metabolism and overall cardiovascular health.

Natural Pre-Workout:

The preworkout blend in APEXFIT EAA+++ is designed to optimize exercise performance without the use of caffeine or thermogenic stimulants. It includes L-Citrulline, which boosts nitric oxide production, enhancing blood flow for improved endurance. Taurine supports cardiovascular health, acts as an antioxidant, and enhances exercise performance. Beta-Alanine increases muscle carnosine levels, buffering acidity during intense exercise, delaying fatigue, and supporting longer workouts. Together, these ingredients synergistically enhance blood flow, reduce fatigue, and support overall performance during workouts.

Branched-Chain Amino Acids (BCAAs):

- Isoleucine, Leucine, Valine: Support muscle protein synthesis, reduce muscle soreness, and aid in recovery.

Directions:

Be sure to mix two (2) scoops in 1L of water. Start drinking water 30 minutes before your workout session and complete the drink by the end of your workout. NOTE: On days where you are not working out, drink the 1L of water mixed with two (2) scoops only after you have had your first meal.